



"Conserve Energy!"

Many of the things we use every day use energy. But there are ways to use and conserve energy.

- ✓ Replace incandescent bulbs with compact florescent bulbs. They use less energy and emit much less heat.
- ✓ Turn the air conditioning unit off when you are not at home. Also raise the thermostat setting on your unit and lower the setting from high to medium or which is most comfortable.
- ✓ Keep doors and windows shut when air conditioning unit is in operation.
- ✓ Turn off home computers and televisions when not in use.
- ✓ Refrigerator temperature should be kept between 2°C to 5°C and freezer temperature between -15°C to -18°C.
- ✓ Use the microwave oven or toaster in place of your regular electric stove if possible.
- ✓ Use timers or motion detectors on outside lights that are used as security lights.
- ✓ Switch off all lights, appliances and electronics when not in use.
- ✓ Minimise the amount of times doors are opened on your refrigerator and freezer.
- ✓ Minimise the use of electric dryers by drying clothes outdoors.
- ✓ Unless it is absolutely necessary use fans instead of air conditioning units.
- ✓ When buying appliances look for the yellow energy guide label and buy the most energy efficient appliances.
- ✓ Turn the water heater on 15 to 30 minutes before using the hot water. Turn it off when not in use.
- ✓ Appliances in the standby mode can use as much as 10 to 40% of the electricity that they would use when fully operational.
- ✓ Clean or replace air filters on exhaust fans, humidifiers and other electric appliances. Clogged filters impair performance and cause units to run longer.
- ✓ Properly wire and maintain electrical circuitry, buildings with aged wiring may need a larger power supply to function efficiently.



Electricity... a cost you can control